



**STANDARDS & PROCEDURES
WORKSHEET**

Department or Subject:	Physical Education and Health
Teacher(s):	Elisa Giampa
Cycle and Level Taught:	K, Cycle 1,2,3
School Year:	2021-2022

Term 1		
<i>Competencies Targeted</i>	<i>Evaluation Methods (e.g., End-of-term Evaluation Situation, Tests, Projects, etc.)</i>	<i>General Timeline (e.g., end of term, midterm, etc.)</i>
To perform movement skills in different physical activity settings. To interact with others in different physical activity settings.	-daily observations -peer and self evaluations -skill testing -rubrics -check lists	-daily observations -peer evaluations mid term -skill testing at the end of the unit
<i>Communication to Students and Parents (e.g., note home, website, agenda, report card, etc.)</i>	<i>Other Pertinent Information</i> <i>Extracurricular activities at lunch time for cycle 2 and 3</i> <ul style="list-style-type: none">• On hold due to new Covid-19 regulations	
notes home -e-mail -agenda -report cards -google classroom		

Term 2		
<i>Competencies Targeted</i>	<i>Evaluation Methods (e.g., End-of-term Evaluation Situation, Tests, Projects, etc.)</i>	<i>General Timeline (e.g., end of term, midterm, etc.)</i>
<p>To perform movement skills in different physical activity settings.</p> <p>To interact with others in different physical activity settings.</p> <p>To adopt a healthy and active lifestyle.</p>	<p>-daily observations -peer and self evaluations -skill testing -rubrics -check lists</p>	<p>-daily observations -peer evaluations mid term -weekly in class assignments -skill testing at the end of unit</p>
<i>Communication to Students and Parents (e.g., note home, website, agenda, report card, etc.)</i>	<i>End of Year Evaluation (e.g., evaluation situation, local exam, complementary exam, uniform exam, etc.)</i>	<i>Other Pertinent Information</i>
<p>-notes home -e-mail -agenda -report cards -google classroom</p>		<p><i>Extracurricular activities at lunch time for cycle 2 and 3</i></p> <p><i>*On hold due to new Covid-19 regulations</i></p>

Draft of paragraph to insert in the document to be sent to parents:

The goal of the program is to teach long term health benefits that students can practice when they are outside of the school environment. The children are encouraged to engage in physical activities in different settings (indoor/outdoor/individual and team sports). The children are encouraged to learn about their bodies and the positive effects of physical activity. The health program teaches the students proper health habits and the functions of their body so that they can keep healthy and active. Students are expected to come to class ready to learn and participate in all activities. Both Health and Physical Education classes are linked to one another so that children can make the association that being active is necessary in leading a healthy lifestyle.

***NEW SAFETY MEASURES**

*Due to the measures that have been put in place by the government, Physical education classes will proceed as follows:

- When possible, P.E. classes will be given outdoors. Students must dress accordingly.
- It is recommended that students have a bottle of water for P.E. class. .
- Students will sanitize at the beginning and at the end of each class.
- All rules and regulations will be followed as per government guidelines.